



Kingdom of Happiness: Living the Beatitudes in Everyday Life

Fr. Jeffrey Kirby, STD

In this encouraging, easy-to-read book, Father Jeffrey Kirby offers hope to the tired, overburdened, and unhappy. He reminds us that we are made for happiness. But he goes beyond that, showing us the path to achieving happiness. It's not a new path. In fact, Jesus showed us the way in the Beatitudes, but Kingdom of Happiness reveals how these aren't merely nice sayings, they are powerful ways of living.

Fr. Kirby first identifies the sources of unhappiness: the false promises—the anti-beatitudes—of a fallen, busy world. He explains how these anti-beatitudes, far from leading to happiness, tear down and rob us of happiness. Kirby leads the reader out of this darkness, pointing us to Jesus Christ as the saint-tested and centuries-proven source of authentic peace, true joy, and radical happiness.

To unveil the path to happiness in Jesus Christ, Kirby does not rely on emotional arguments or soft spirituality. He turns to the boldness of the Lord's Beatitudes, the real promises to true happiness. He teaches about the love, power, and self-control within them by showing their practical, life-application in today's world.

Kingdom of Happiness shows that the Beatitudes are not a self-help guide or a boring list of eight more things to do, but are a series of grace-filled, life-giving promises that excite our souls and point us along a way of life that assures us of true, lasting happiness.

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